

Jonathan Herbert D.C.

EDUCATION

<i>Logan College of Chiropractic</i> Doctor of Chiropractic	2007
<i>Washington and Jefferson College</i> B.S. Biology	2004

PROFESSIONAL DEVELOPMENT

Certified Strength and Conditioning Specialist	April 2005
International College of Applied Kinesiology 100 hour Certification	July 2005
International College of Applied Kinesiology 100 hour Certification	March 2006
Applied Kinesiology: Energetic Medicine	June 2006
Pediatric Craniopathy	November 2006
Sports Radiology	February 2007
Retained Primitive Reflex Integration	January 2008
Internal Health Diagnosis and Treatment	February 2008
Functional Endocrinology	March 2008
Interactive Metronome Performance Trainer Certification	March 2008
Autoimmune Thyroid	April 2008
Retained Primitive Reflex Integration	September 2009
Natural Therapies for Autism	February 2010
Mastering the Thyroid	September 2010
Neurotransmitter and Brain	March 2011

PROFESSIONAL EXPERIENCE

<i>Northland Applied Kinesiology</i> Owner 4897 Miller Trunk Highway, Suite 228 Hermantown, MN 55811 218-727-3343	February 2011- Present
<i>Applied Kinesiology Center of Los Angeles</i> Associate 2990 S. Sepulveda Blvd, Ste. 203 Los Angeles, CA 90064 310-445-3350 Treated patients with chronic and complex health problems using chiropractic care, Applied Kinesiology, Retained Primitive Reflex Integration, Interactive Metronome Training, clinical nutrition and laboratory testing. Currently working with children suffering with developmental disabilities and attention problems and adults with digestive, hormonal, and chronic pain problems. Educating the community by providing classes to gyms and Whole Foods Markets in West Los Angeles and speaking annually at UCLA for the National Youth and Leadership Forum on Medicine.	February 2008- January 2011
<i>The Lumbar Yard</i> Associate 2201 Lakewood Blvd, Ste E Long Beach, CA 90815 562-961-7660 Treating common health problems naturally using chiropractic care, Applied Kinesiology, and Retained Primitive Reflex Integration. Educating through programs directed toward preventative healthcare and using natural care, proper diet, and exercise.	February 2009- January 2011

TEACHING EXPERIENCES

Applied Kinesiology Center of Los Angeles

Chiropractor

February 2008-January 2010

Provide monthly educational presentations at multiple Whole Foods Markets explaining basic human physiology and health care.

Educational presentations include:

- Your Food can cause Your Illness
- Skin Care that Hurts
- Organic Shopping on a Budget
- Getting the most from your Vitamins
- Staying Sweet without the Sugar
- Sunscreen that Burns
- Reversing and Preventing Childhood Obesity
- Natural Treatments for Autism and ADHD
- Easy Tips for a Healthy Summer

Logan College of Chiropractic

Peer Tutor

September 2004 – December 2007

Tutored peers in subjects of biochemistry, physiology, anatomy, and Applied Kinesiology. Provided after hour tutoring for peers of different levels of education.

Applied Kinesiology Club Leader

December 2006 – December 2007

Headed the club that introduced and taught Applied Kinesiology to up-coming chiropractors. Met twice a week to develop skills of the beginners and introduce new research and information to those with more experience.

PUBLISHED RESEARCH

Xin Ye, Reshma Acharya, Jonathan B. Herbert, Sarah E. Hamilton, and Hans G. Folkesson

IL-1 β stimulates alveolar fluid absorption in fetal guinea pig lungs via the hypothalamus-pituitary-adrenal gland axis

Am J Physiol Lung Cell Mol Physiol 286: L756-L766, 2004. First published
doi:10.1152/ajplung.00214.2003
